

Sexual Harassment Outline

Objectives:

- Define sexual harassment as anything that is unwanted and sexual.
- Identify the four forms of sexual harassment.
- Identify ways to intervene and support someone who has experienced sexual harassment.
- Understand what to do if sexual harassment happens to them or somebody they know.
- Define and identify sexual violence, how to support victims and where victims can seek supportive services.

Agenda: (45 Minutes Minimum)

1. Introduction to MOCOSA
2. Stand Up / Sit Down Activity
3. Define Sexual Harassment
 - a. Any unwanted behavior of a sexual nature (underline “unwanted” and “sexual nature”)
 - b. Who gets to decide if it’s wanted?
4. Bodily autonomy
 - a. Boundaries
5. Define “sexual nature”
6. Types of Sexual Harassment
 - a. Physical
 - b. Verbal
 - c. Gestures/ Non-verbal/ Indirect
 - d. Written/Electronic
7. Sexting: (Sharing private images and messages)
 - a. Three reasons to think before you send
8. Digital and Online Harassment

9. Consequences of Sexual Harassment

10. Why does someone sexually harass?

- a. Power & control
- b. Never the victim's fault

11. Reducing the Risk

- a. DOC
- b. How to support a friend

12. Review - If you or someone you know has experienced sexual violence it's important to tell a trusted adult. You can call MOCSA's 24-Hour Crisis Line.

13. Post-Survey