

Sexual Assault/Consent Outline

Objectives:

- Define consent as freely giving permission both verbally and nonverbally.
- Identify three reasons someone could not give their consent for sexual activity.
- Identify one way to reduce the risk of sexual violence.
- Define and identify sexual violence, how to support victims and where victims can seek supportive services.

Agenda: (45 Minutes Minimum)

1. Introduce MOCOSA
2. Activity: Myth or Reality
3. Define Rape/Sexual Assault
 - a. Rape: intercourse without consent
 - b. Sexual assault: anything up to and including intercourse without consent
4. What is consent?
 - a. Define Consent
 - b. Recipe for Consent
 - i. F – Freely Given
 - ii. R – Reversible
 - iii. I – Informed
 - iv. E – Enthusiastic
 - v. S – Specific
5. Consent Activity – “Would You Like FRIES With That?”
6. Tea/Consent Video
7. Situations of No Consent
 - i. Unconscious/Asleep
 - ii. Power Imbalance
 - iii. Threatened/Forced/Manipulated
 - iv. Age of Consent
 - v. Drugs or Alcohol

- 8. Drug-facilitated Sexual Assault
 - i. Victim Blaming Language
- 9. Fight/Flight/Freeze/Tend Response
- 10.Reducing the Risk
 - i. Active Bystander
- 11.Never the victim's fault
- 12.Supporting a friend who's been assaulted
- 13.Review - If you or someone you know has experienced sexual violence it's important to tell a trusted adult. You can call MOCSA's 24-Hour Crisis Line.
- 14.Post-Survey