
Col des Roux
alt. 2804 m
Les Dix 3 h 45 min
La Barma 45 min
Col de Riedmatten 3 h 45 min
Arolla 5 h 30 min
Prafleuri 20 min
Dixence Barrage 1 h 30 min
TRAIL 10

STAFF SPOTLIGHT

BECCA ANDERSON

COORDINATOR OF YOUTH PROGRAMS ★ SHE/HER/HERS

WHAT PLACE FEELS LIKE HOME?

My front porch, with a blanket and a book, and anywhere outside playing **with my toddler and husband**.





WHAT'S YOUR EDUCATION BACKGROUND?

I have my **Bachelor's in Psychology** from the **University of Nebraska** and my **Master's Degree in Social Work** from the **University of Michigan**.

STAFF SPOTLIGHT

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WHAT DREW YOU TO WORK AT MOCSA?

I was **trained on a rape crisis hotline** my senior year of college and **learning about victim blaming** and **rape culture blew my mind**, as I realized how many ways I had unknowingly contributed to the problem.



MOCSA

In graduate school, I was an **intern at the University of Michigan's Sexual Assault Prevention and Awareness Center.** I loved getting to **learn alongside others** and helping them see how they could **create positive change**. I started as a **Youth Programs Specialist in 2015** and moved to the **Coordinator of Youth Programs position in 2020**.

STAFF SPOTLIGHT

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WHAT DO YOU LIKE TO DO IN YOUR FREE TIME?



I enjoy **reading** (especially **historical fiction**) and am forever grateful for the Libby app so I can check out library books from home. I love learning about **skincare**, **sustainability practices**, and the **Enneagram**.

I was once an **avid runner** and **half-marathoner** but have become a bit of a fair-weather runner – early spring and fall are my kind of running weather though! I also enjoy **hiking** and hiked the Haute Route through France and Switzerland in 2021!





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HAVE YOU WORKED ANY OTHER INTERESTING JOBS YOU'D LIKE TO SHARE ABOUT?

My first paying job after getting my Bachelor's was **working part-time at a fireworks stand**, which is funny to me.

WHAT'S YOUR FAVORITE INSPIRATIONAL QUOTE?



"If you are irritated by every rub, how will your mirror be polished?"

RUMI

I love this quote because it is a **reminder** that the things and people that push you to become the person you want to be won't always be pleasant, but that if we let them, they'll help us **learn and grow**.

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WHAT'S ONE STRENGTH THAT MAKES YOU STAND OUT FROM OTHERS?

I am often described as "**energetic**" and "**bubbly**" and am wired to **find the bright side** – or the **lesson** – **in every situation.**





WHAT'S YOUR FAVORITE FOOD?

I have a hard time picking a favorite of anything, but I do have a **major sweet tooth** and am obsessed with the **French pastry kouign-amann**. If a bakery has it, I can get nothing else.


WE
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MOCSA