



Metropolitan Organization to Counter Sexual Assault

24 Hour Crisis Line:  
MO (816) 531- 0233  
KS (913) 642-0233  
[www.mocsa.org](http://www.mocsa.org)

## Sexual Harassment Outline

### Objectives:

- Define sexual harassment as anything that is unwanted and sexual.
- Identify the four forms of sexual harassment.
- Identify ways to intervene and support someone who has experienced sexual harassment.
- Understand what to do if sexual harassment happens to them or somebody they know.
- Define and identify sexual violence, how to support victims and where victims can seek supportive services.

### Agenda:

1. Introduction to MOCOSA
2. Stand Up / Sit Down Activity
3. Define Sexual Harassment
  - a. Any unwanted behavior of a sexual nature (underline “unwanted” and “sexual nature”)
  - b. Who gets to decide if it’s wanted?
  - c. Define “sexual nature”
4. Types of Sexual Harassment
  - a. Physical
  - b. Verbal
  - c. Gestures/ Non-verbal/ Indirect
  - d. Written/Electronic
5. Online Safety
6. Consequences of Sexual Harassment
7. Why does someone sexually harass?
  - a. Power & control
  - b. Never the victim’s fault
8. Reducing the Risk

- a. DOT (Do something yourself, others can help, talk about something else)
- b. Harassment is aggressive pressure or intimidation.

9. Frequently Asked Questions

10. Review - If you or someone you know has experienced sexual violence it's important to tell a trusted adult. You can call MOCSA's 24-Hour Crisis Line.

11. Post-Survey