



Metropolitan Organization to Counter Sexual Assault

24 Hour Crisis Line:
MO (816) 531- 0233
KS (913) 642-0233
www.mocsa.org

Sexual Assault/Consent Outline

Objectives:

- Define consent as freely giving permission both verbally and nonverbally.
- Identify three reasons someone could not give their consent for sexual activity.
- Identify one way to reduce the risk of sexual violence.
- Define and identify sexual violence, how to support victims and where victims can seek supportive services.

Agenda:

1. Introduce MOCSA
2. Define Rape/Sexual Assault
 - a. Rape: intercourse without consent
 - b. Sexual assault: anything up to and including intercourse without consent
3. What is consent?
 - a. Define Consent
 - b. Situations of No Consent
 - i. Asleep
 - ii. Power Imbalance
 - iii. Force/Fear
 - iv. Drugs or Alcohol
4. Drug-facilitated Sexual Assault
5. Activity
 - a. "Who's to Blame" Story
6. Fight/Flight/Freeze/Tend Response
7. Reducing the Risk
 - a. Never the victim's fault
 - b. Prevention tips
8. Review - If you or someone you know has experienced sexual violence it's important to tell a trusted adult. You can call MOCSA's 24-Hour Crisis Line.
9. Post-Survey