



Metropolitan Organization to Counter Sexual Assault

24 Hour Crisis Line:  
MO (816) 531- 0233  
KS (913) 642-0233  
[www.mocsa.org](http://www.mocsa.org)

## **Gender and Violence Outline**

### **Objectives:**

- Understand gender stereotypes.
- Identify the harm caused by rigid gender roles.
- Participants will know rights and services available to victims.
- Identify one way to reduce the risk of sexual violence.
- Define and identify sexual violence, how to support victims and where victims can seek supportive services.

### **Agenda:**

1. Introduce MOCSA
2. Define Gender Stereotypes
3. Gender Boxes
  - a. Gender Rules/Stereotypes activity
  - b. Consequences of breaking gender rules
  - c. Effects- Reinforcement of gender rules
  - d. Gender magazine activity
  - e. Unhealthy "System"
4. Where do we learn stereotypes?
  - a. Family, Friends, Media, Social Media
5. How can stereotypes about gender contribute to violence?
6. Review - If you or someone you know has experienced sexual violence it's important to tell a trusted adult. You can call MOCSA's 24-Hour Crisis Line.
7. Post - Survey