



Metropolitan Organization to Counter Sexual Assault

Youth with Problematic Sexual Behaviors

MOCSA has the only evidence-based outpatient program for youth with problematic sexual behaviors in the Kansas City Metropolitan area, and is part of a nationally recognized multidisciplinary team.

MOCSA offers a group treatment program designed to help support youth with problematic sexual behaviors and their caregivers to reduce or eliminate problematic sexual behaviors.

Children and caregivers attend separately and the group meets for 18-20 weeks, depending on age of child.

Children will learn:

- Rules for appropriate behaviors
- Coping skills
- Impulse control strategies
- Social Skills

Caregivers will learn:

- How to recognize normal and problematic sexual behaviors
- Helpful responses to behavior problems
- Ways to respond to and prevent sexual behavior problems.

This program has been recognized nationally for its success in treating children. 84% of caregivers report improved communication with child.

For more information about assessment and treatment program services, please contact the YPSB Coordinator:

Virginia Sweetser, LMSW, LCSW

(816) 285-1327

vsweetser@mocsa.org

For more information on Problematic Sexual Behaviors please see the links below:

- [National Center on the Sexual Behavior of Youth](#)
- [California Evidence-Based Clearinghouse for Child Welfare](#)

PDF Fact Sheets:

- [PSB Overview](#)
- [PSB for Parents and Caregivers](#)
- [Taking Action – Support for Families](#)

3100 Broadway,
Suite 400
Kansas City, MO
64111-2591

Main:
(816) 931-4527

Crisis Line:
(816) 531-0233 MO
(913) 642-0233 KS



Metropolitan Organization to Counter Sexual Assault

Resources for Additional Information

Problematic Sexual Behaviors

- National Center on the Sexual Behavior of Youth (NCSBY)

Children

- <http://ncsby.org/content/introduction>

Adolescents

- <http://ncsby.org/content/introduction-0>
- [Sexting Laws Across America](#)
 - <https://cyberbullying.org/sexting-laws>

Pornography

- It's Time We Talked: Reality & Risk is a violence prevention project that supports young people, parents, schools, government and the community sector to understand and address the influence of pornography.
 - <http://www.itstimewetalked.com.au/>
 - <http://www.itstimewetalked.com.au/resources/parent-tip-sheets/>
 - <http://www.itstimewetalked.com.au/parents/>
- Fight The New Drug: Fight the New Drug is a non-religious and non-legislative organization that exists to provide individuals the opportunity to make an informed decision regarding pornography by raising awareness on its harmful effects. <https://fightthenewdrug.org/>
- Your Brain on Porn
 - <https://www.yourbrainonporn.com/>
- Science of Arousal and Relationships: Real Your Brain on Porn
 - <https://www.realyourbrainonporn.com/>

Trauma

- NCTSN
 - <https://www.childwelfare.gov/pubPDFs/child-trauma.pdf>
- Child Mind Institute – Trauma Resources
 - <https://childmind.org/downloads/Guide-to-Helping-Children-Cope-After-a-Traumatic-Event-v1.pdf>
- SAMHSA
 - <https://www.samhsa.gov/capt/tools-learning-resources/coping-traumatic-events-resources>

3100 Broadway,
Suite 400
Kansas City, MO
64111-2591

Main:
(816) 931-4527

Crisis Line:
(816) 531-0233 MO
(913) 642-0233 KS



Metropolitan Organization to Counter Sexual Assault

Child Sexual Abuse

NCTSN

- *Caring for Kids: What Parents Need to Know about Sexual Abuse*, is designed to give you the information you'll need to help support children who have experienced sexual abuse.
 - https://www.nctsn.org/sites/default/files/resources/fact-sheet/caring_for_kids_what_parents_need_to_know_about_sexual_abuse.pdf
- Coping with the Shock of Interfamilial Sexual Abuse
 - https://www.nctsn.org/sites/default/files/resources/coping_with_intrafamilial_sexual_abuse_parents.pdf

Internet Safety

- Common Sense Media
 - <https://www.common Sense Media.org/>
- NetSmartz
 - <http://www.netSmartz.org/Parents>
- Wired Safety
 - <http://www.wiredSafety.com/>
- Protect Young Eyes: Defending Kids From Online Dangers
 - <https://protectyouneyes.com/apps/>

Sex Education and Sexuality

- Straight Talk about Teens booklet: Realistic Ideas and Advice for Parents of Older Teenager (The Psychology Foundation of Canada)
 - <https://www.dsb1.ca/Programs/MHWP/Programs/Documents/Straight-Talk-About-Teens.pdf>
- Sex Positive Families
 - <https://sexpositivefamilies.com/>
- Talk to your children about sex and relationships: support for parents
 - https://www.charterhouse.org.uk/uploaded/School_Life/Pastoral_Care/Talking-to-Your-Children-about-SRE.pdf
- Sexuality Resource Center for Parents
 - http://srcp.org/for_some_parents/index.html
- Florida Developmental Disabilities Council
 - <https://www.fddc.org/publications>
- Vanderbilt University Medical Center
 - [The Healthy Bodies Toolkit - https://vkc.mc.vanderbilt.edu/healthybodies/](https://vkc.mc.vanderbilt.edu/healthybodies/)
 - [En Español - https://vkc.mc.vanderbilt.edu/healthybodies/Sp-index.html](https://vkc.mc.vanderbilt.edu/healthybodies/Sp-index.html)