

Men's Trauma-Sensitive Yoga



Who: Adult male survivors of sexual trauma

What: A safe place to explore the mind-body connection

When: First Tuesday of every month, 5:15-6:00 p.m.

Where: Penn Tower, Suite 204
3100 Broadway, Kansas City, MO 64111

For more information, call Lin at (816) 285-1361
or Mike at (816) 285-1348