



Metropolitan Organization to Counter Sexual Assault

24 Hour Crisis Line:
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www.mocsa.org

Healthy Relationships

In all relationships I have the right....

- To equality and compromise.
- To be free of physical, sexual, verbal, and property abuse.
- To express my feelings and personal boundaries.
- To change my life goals whenever I want.
- To have my morals, values, and beliefs respected.
- To choose not to act tough or sexy.
- To say no to physical contact.
- To feel comfortable being myself.

In dating relationships I have the right...

- To say, "I want to know you better before I become more involved."
- To say, "I don't want to be in this relationship any longer."
- To say, "I love you", without having sex.
- To refuse a date without feeling guilty.
- To have friends and activities apart from my partner.
- To say, "I don't want to do this right now (or ever)."
- To talk with others about my relationships.
- To be as open or as closed as I feel comfortable.
- To set limits, to change my mind, or to stop doing something, even in the middle, without permission from anyone else.

Find us at **MOCSAkc**



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